

YOUTH AND FAMILY 2010 Summer Programming



Contact Karen Wilbourne,
Youth and Family Director
342-9622 ext. 3133 or
kwilbourne@ymcaroanoke.org

YMCA Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

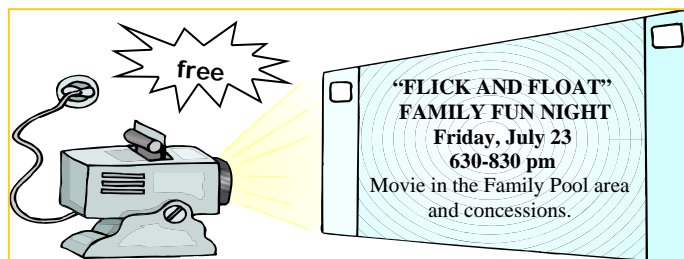


PARENTS NIGHT OUT!

Friday nights June 4, July 2, August 6

Drop off the kids at the YMCA and enjoy a quiet night to yourself. Kids will eat, swim, play games, do crafts, and watch a movie. Sign up early for this event to reserve your spot—registration ends at 6:00 Thursday prior to the event. Remember to bring swimwear if you are 4 years or older.

Ages 6 weeks-12 years Members \$15.00 Non-Members \$30.00 *3rd child of additional children—1/2 off registration fee* 6 weeks-3 years will be in ChildWatch and their meal will need to be provided by parents. This age group will not swim.



Inflatable Play



Ages 7 & up will be monitored by YMCA Staff. Under 7 years must have parent accompany them.

FRIDAY NIGHTS 5:30-7:00pm



BOOK YOUR Party NOW!
Inflatable, Gymnastics and Sports Themed Parties Available

Fridays limited availability
Saturdays 12:00-2:00 p.m. and
3:00-5:00 p.m.

Call Samantha for more information 342-9622 ext. 3124



**“Movies on the Lawn”
starts at 8:00 p.m.
June 25 * July 30 * August 27**



GAMES, FUN ACTIVITIES, CONCESSIONS



Gymnastics Lock-Ins for Youth and Tweens:

Ages 7-12 years

\$25.00/members \$35.00/non-members

Friday, July 16 and Friday, August 13

Pizza, Drinks, Snacks, and Breakfast provided.

****Movie**Swimming**Gymnastics**Games**Arts and Crafts**

Classes will be broken up by age and/or skill level.

Everyone will get to work on basic tumbling and gymnastics skills on the Balance Beam, Uneven Bars, Vault, and Floor.

Drop off at 7pm and Pick up at 7am

KUNG FU

YOUTH CLASS AGES 5-7 YEARS TUESDAY AND THURSDAY NIGHTS 5:30-6:15 PM

8 WEEK SESSION June 15-August 5

Class meets twice per week.

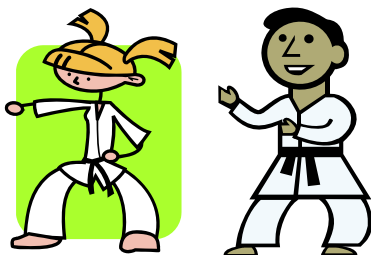
\$70./members \$140./non-members

ADULT CLASS AGES 8 YEARS-UP MONDAY AND WEDNESDAY NIGHTS 7:00-8:00 PM

8 WEEK SESSION June 15-August 5

Class meets twice per week

\$80./members \$160./non-member



SPORTS OF ALL SORTS—TUESDAYS



Ages 3-5 years

5:30-6:15pm

June 15-August 3

8 week session

\$35./members

\$70./non-members

Enjoy trying all kinds of different sports in this instructional class. Basketball, Soccer, TeeBall, Kickball, Tennis, Badminton, and who knows what else we will come up with? It's sure to be a lot of good exercise and loads of FUN!!!!



FENCING - SATURDAYS

June 19—August 14 8 week session (NO CLASS SATURDAY, JULY 3rd)

Beginner 1:00-2:00 pm ages 6-up

Intermediate 2:00-3:00 pm ages 6-up

Competitive 3:00-4:00 pm ages 12-up

Members \$35.00 Non-Members \$70.00

\$25.00 equipment fee per session

DANCE—SATURDAYS

Beginner Ballet 9:00-9:45 am ages 3-5 years

Beginner Ballet 1 9:45-10:15 am ages 5-8 years

Intermediate Ballet 10:15-11:00 am ages 7-10 years

Beginner Jazz 11:00-11:45 am ages 5-8 years



6 week session June 19-July 31 (no class July 3rd) Members \$30.00 Non-members \$60.00