

Facility Age Policies for the Salem Family YMCA

Salem Family YMCA Age Policy: A parent or guardian must accompany children under the age of 13. A sibling age 16 or older may act as guardian at the facility for their brother or sister, with written permission from the parent.

Age	Child Watch	Teen Center	Pool	Gym	Group Exercise	Wellness Center	
Under 1	May use Child Watch with a Family Membership starting at 6 weeks of age.	May use the Teen Center when supervised by parent or guardian.	Starting at 6 months of age, must have a person age 16 or older in the water, <u>within arms reach, to assist and supervise them.</u>	May use the Basketball Gym when supervised by a parent or guardian. <i>(During Inflatable Weekend Events in the Gym, Teen Center Policies apply to the Inflatable.)</i>			
1 through 3	May use Child Watch with a Family Membership.		Must have a person 16 or older <u>in the pool area</u> to supervise them.				Must have a person age 16 or older <u>in the wet corridor</u> to take responsibility for them.
4 through 5							
6 through 7							
8		May use the Teen Center when parent or guardian is in the facility.	Must have a person age 16 or older <u>in the facility</u> to take responsibility for them.	May use the Basketball Gym when a parent or guardian is in the facility. <i>(During Inflatable Weekend Events in the Gym, Teen Center Policies apply to the Inflatable.)</i>	Check Group Exercise schedule for days & times of Kid Fit classes for ages 5 to 9		
9							
10							
11							
12		May use the Teen Center.	May use the Pool.	May use the Basketball Gym.	May take Group Exercise classes when supervised by a parent or guardian.	May use the Wellness Center after graduating from Youth Wellness than can only use cardio under direct supervision of a parent or guardian	
13 through 15			May take Water Fitness Classes and use Pool.		May take Group Exercise classes.	May use the Wellness Center after graduating from Teen Weight Training Class, or when under the <u>direct</u> supervision of a parent or guardian.	
16					May take Group Exercise classes.	May use the Wellness Center.	



