



BALLROOM DANCE

at the Kirk Family YMCA!

With dancing duo
Dave & Donna Spangler
Dance Lesson 7-8pm
Dance 8-10pm



Take a specific ballroom dance lesson & then enjoy open ballroom,
Latin and swing dancing, to recorded very danceable music
till 10:00pm in the gymnasium.
Do not need a partner to attend. Wear comfortable shoes and clothing.

Ages 13 & up are WELCOME!

COST- \$10 PER PERSON

FALL PROGRAM SCHEDULE

August 7, 2010 (Saturday) 7pm-10pm	Foxtrot Lesson	<input type="checkbox"/>
October 2, 2010 (Saturday) 7pm-10pm	Tango Lesson	<input type="checkbox"/>
December 4, 2010 (Saturday) 7pm-10pm	Hustle Lesson	<input type="checkbox"/>

**Please check which clinic or clinics you would like to attend.
**Fill out remainder of registration form.

Name _____ Email Address _____

Phone Number _____ Member ____ Non Member ____

Amount Paid _____ Date _____

Receipt Number _____

Questions?

Jenifer Messer, Wellness Director
540.342.9622 ext.3132
Jmesser@ymcaroanoke.org
Dave & Donna at info@dancingduo.net

YMCA MISSION

To put Christian principles into practice through
programs that build a healthy spirit, mind, and
body for all.